

Behaviour & Resilience Mentoring

Information for Parents and Carers

We partner with schools to provide a structured Behaviour and Resilience Mentoring provision which is proven to have a positive impact on engagement in learning



Belief

Courage

Growth

About Us

Think for the Future is a social enterprise that partners with schools to deliver structured provisions which are proven to have a positive and measurable impact on engagement with learning.

We work with over **180+ schools and multi-academy trusts** across the UK and are expanding into new areas every day.

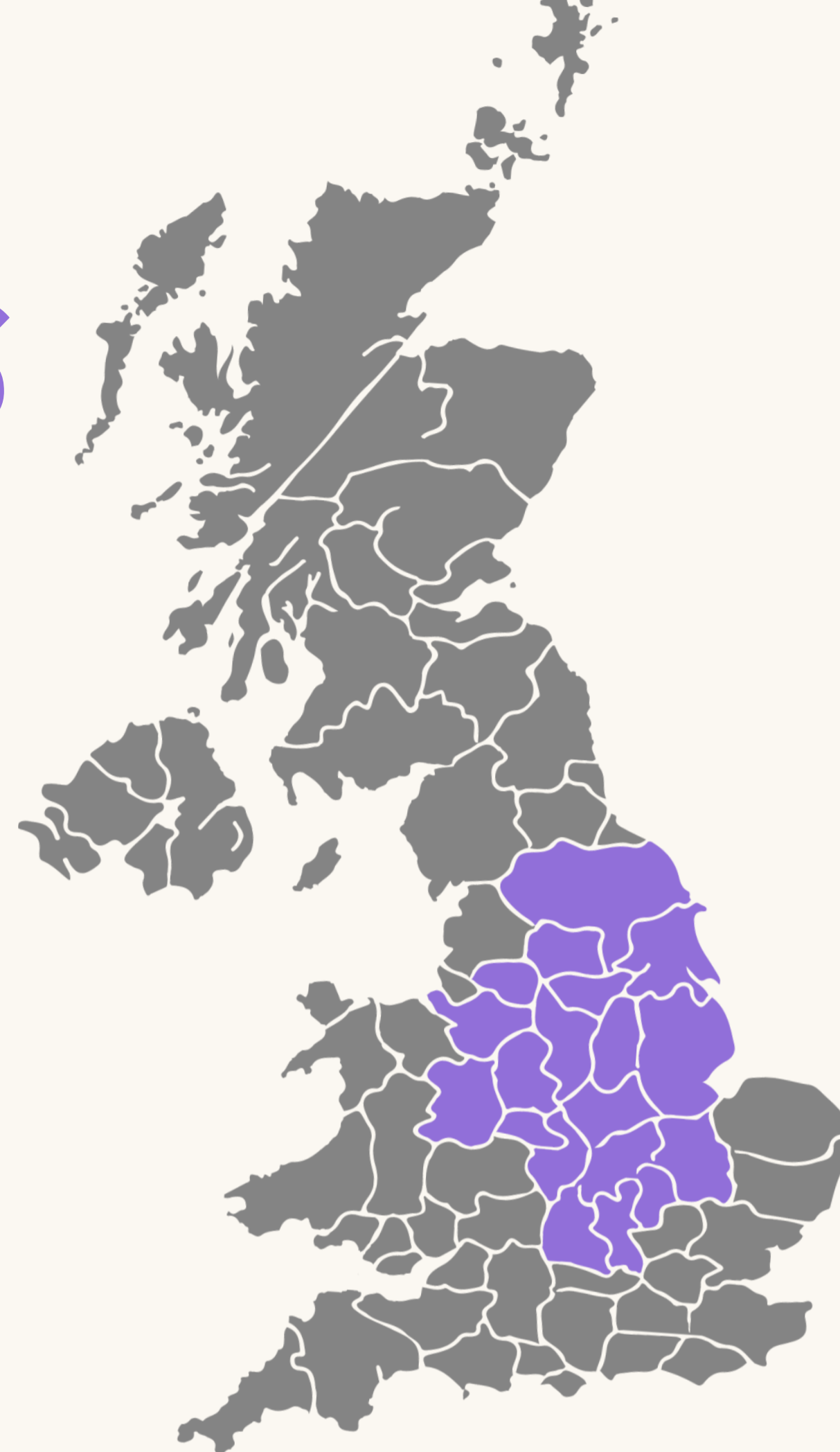
We operate four core services:

Behaviour &
Resilience
Mentoring

Inclusion
Centre
Provision

Integrated
Behaviour
Hubs

purple





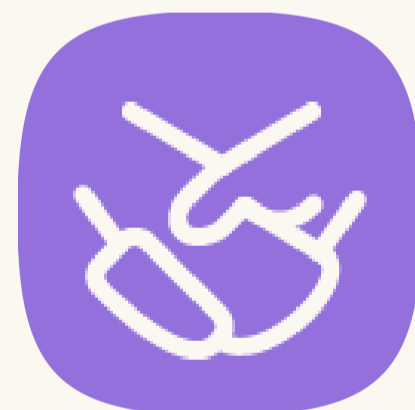
Behaviour & Resilience Mentoring Provision



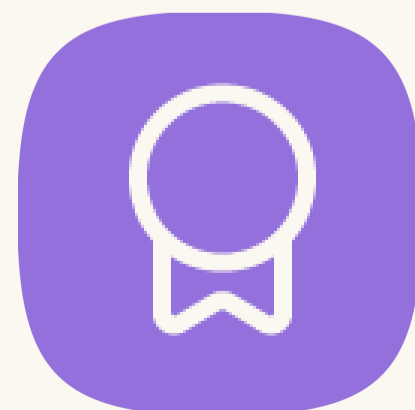
Working in groups with other students



Fun, interactive sessions focussed on real-life skills, designed to get young people thinking!



Supporting students to overcome challenges such as low self-esteem, relationships, emotions and to focus on aspirations



Helping students to develop the skills they need to succeed, both at school and in the future



School Testimonials

"Our Think for the Future provision is incredibly important to us because inclusion is at the heart of everything we do. We are serving the needs of every student and in some cases these needs cannot be met without additional support, often additional pastoral support, as a significant proportion have challenges in their own lives for which organisations like TFTF can help us to overcome."

Richard Scott

Principal, Thomas Clarkson Academy

"Our experience of Think for the Future is incredibly positive. Students have and are thriving after taking part in TFTF."

Both staff and students have expressed many positives during our time working with TFTF, such as improved attitudes of students in lessons."

Theodora McFadden

Pupil Premium Champion, Bingley Grammar School

Student Voice

"I feel happy being part of the TFTF programme because when I started in school I was very nervous and I used to get in a lot of fights but when I started going to TFTF sessions I learnt new skills and ways to cope and I stopped being in trouble as much. I thank TFTF because if I didn't go to TFTF I would not have been behaving well and I'm thankful for what they taught me"

Year 8 Student
Sheffield

"The TFTF programme has helped me set little goals that will help me in the future. TFTF has taught me skills for school life and also things that I can use later on in life. I feel like the programme gives students like me that push they need to succeed"

Year 9 Student
Birmingham

"My mentor has helped me to understand other people's perspectives and it has also taught me to keep going to achieve things like goals and to not give up when school is tough because it will pay off in the future. It has also taught me how much doing well in school can have an impact on later life with future jobs and your life. Overall the mentoring has made me realise a lot more about myself."

Year 10 Student
Northampton

Our Mentors

Your Think for the Future Mentor works with groups of students and individuals on a weekly basis, delivering fun and interactive sessions that equip students with the mindset and life skills to make the most of school and see the potential that they have. They use their own experiences to build strong relationships with students and work with them to improve their attendance, school engagement and help them succeed.

As a positive role model, your TFTF Mentor provides a safe space for students to explore their emotions and helps students to develop strategies and mechanisms to overcome the barriers they face in school and daily life.



"I've always been the kind of person who's full of energy and ambition. Give me a challenge, and I'm all over it. The football pitch was where I first discovered my love for mentoring. Over a decade of coaching young individuals taught me the nuances of understanding diverse personalities and the unique challenges each one brings. My dedication to the sport extended to academia, earning me a BA in Football Coaching. During my time as a PE teacher in schools, I was exposed to a broader spectrum of young minds. It was here that I honed my skills in behaviour management and realized the importance of creating a balanced, rewarding environment for students.

Despite the highs of coaching victories and academic accomplishments, it was the quiet moments of mentorship, and the breakthroughs with challenging students that truly resonated with me. It dawned on me that while sports and physical education played a crucial role, there was a more profound need to address the emotional and mental well-being of young individuals. My drive to make a tangible difference in their lives and help them navigate their formative years more confidently led me to the path of becoming a Behaviour and Resilience Mentor."

Fabio

Milton Keynes



"I am a vibrant and empathetic individual, driven by a deep-rooted passion for aiding in the personal and academic development of young people. My hands-on experience in both mainstream and Special Educational Needs (SEN) settings over the years has equipped me with a profound understanding of the complexities and varying needs of young learners. This role has not only expanded my expertise but has also reinforced my commitment to creating supportive and nurturing environments for all students, especially those who may not have had positive experiences before. Motivated by the desire to fully utilise my educational background, I aim to cultivate an atmosphere where students feel valued and understood, in turn fostering their growth and engagement"

Polly
Leeds



"Growing up, school was often difficult for me and I struggled a lot with my behaviour. As a result I was regularly excluded and spent a lot of my school life in and out of various Alternative Provisions and education settings, where I found it difficult to settle. It was in a local pupil referral unit where things changed for me with the help of 1-1 support. Here I was able to change my attitude to education and take a sports qualification which allowed me to utilise my passion for sports.

I started my working career as a football coach at Derby County Women where I found my passion for inspiring the next generation. Post university, I enjoyed teaching in various schools and found it especially rewarding support young people achieve new skills. As a Behaviour and Resilience Mentor I aim to give young people the belief and encouragement and see them achieve their goals and new skills on a daily basis."

Harry
Derby

Curriculum

The programme has developed a highly-structured curriculum of over 250 interactive sessions. The curriculum is designed to challenge students, build their social and emotional resilience and give them the skills they need to transform their engagement at school.

Your TFTF mentor will provide students with a tailored curriculum journey based on their needs.



Interactive



Tailored curriculum journey



Aligned to Ofsted framework

Our curriculum can be divided into 9 core themes:

Developing communication and social skills

Dealing with emotions

Improving behaviours and attitudes

Understanding responsibility

Building self-confidence and self-esteem

Coping with the social environment

Having respect and tolerance

Self-reflection

Thinking about aspirations, motivations and the future



@TFTFuture



0115 718 0399



contact@thinkforthefuture.co.uk



www.thinkforthefuture.co.uk



Think for the Future Centre, 81 Sherwin Road,
Nottingham, NG7 2FB